

IDAHO DIVISION OF OCCUPATIONAL AND PROFESSIONAL LICENSES

Newsletter to Promote Pharmacy and Drug Law Compliance.

Congratulations! Nicole L. Chopski Elected NABP President-Elect

Dr Nicole “Nicki” Chopski, PharmD, ANP, executive officer of the Idaho Board of Pharmacy and health professions bureau chief for the Idaho Division of Occupational and Professional Licenses (DOPL), was elected to serve a one-year term as president-elect of the National Association of Boards of Pharmacy® (NABP®). She has been a member of NABP for many years, serving six years on the Executive Committee and one year as treasurer.

Dr Chopski was raised in Pocatello, ID. She achieved a doctor of pharmacy degree from Idaho State University (ISU) College of Pharmacy in 1997 and worked at Portneuf Medical Center for 21 years as a hospital pharmacist. Dr Chopski went on to complete the nuclear pharmacy program at Purdue University. Upon completion, she and her partners opened a nuclear pharmacy in Southeast Idaho.

In 2007, she was appointed by the governor as a member of the Idaho Board of Pharmacy, where she served for 12 years. She was hired as executive director of the Board in 2019, and then in 2020 as the health professions bureau chief for DOPL. In her position at DOPL, she continues as the executive officer of not only the Board of Pharmacy, but also the Board of Nursing, Board of Medicine, Board of Naturopathic Health Care, and the Physician Assistant Advisory Committee.

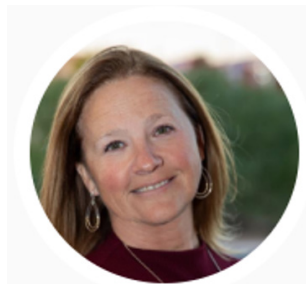
Other accolades include the ISU Distinguished Alumna Award in 2024, and, earlier this year, Dr Chopski was the recipient of the American Pharmacists Association (APhA) Hubert H. Humphrey Award. This award recognizes APhA members who “have made major contributions in government and/or legislative service.”¹



¹ American Pharmacy Association. 2025. *Hubert H Humphrey Award*. <https://www.pharmacist.com/Membership/Awards/Professionwide-Awards/Hubert-H-Humphrey-Award>

Congratulations! Nicole L. Chopski Elected NABP President-Elect

(cont)



In her downtime, Dr Chopski enjoys riding her Harley Davidson motorcycle and actively participates in the local Prisoners of War/Missing in Action Awareness Association and the National League of Families of American Prisoners & Missing in Southeast Asia.

Fraudulent Activity and GLP-1 Drugs

The Center for Drug Evaluation and Research recently sent a letter to the Federation of State Medical Boards, the National Council of State Boards of Nursing, and NABP concerning fraudulent activity associated with compounded glucagon-like peptide-1 (GLP-1) receptor agonist drugs.

GLP-1 drugs such as semaglutide and tirzepatide are popular treatments for weight loss management. Compounded GLP-1 drugs are often prescribed as an alternative to branded medications. Allegedly, some distributors (most often third parties such as telehealth platforms, marketing firms, etc) are providing unapproved GLP-1 drugs falsely labeled with either the name of a legitimate or fictitious state-licensed pharmacy.

Not only do some of the pharmacies listed on the product labels not exist, but there have been cases where the product contains harmful and/or no active ingredient. An increasing number of serious adverse events are being reported due to the use of compounded versions of semaglutide and tirzepatide from unauthorized sources and fraudulent pharmacies.²

Essentially, health care providers and patients alike must be aware of potential exposure to these fake and potentially unsafe drugs.

Resources on safely obtaining prescription drugs include FDA's [BeSafeRx](#) and [Know Your Source](#) campaigns.

Access the National Pharmacy Compliance News

A Service of the National Association of Boards of Pharmacy Foundation® (NABPF®)



'Certification of No Dispensing of Controlled Substances' Form No Longer a Required Document for RDOs, NDOs, and PDOs

The Certification of No Dispensing of Controlled Substances form is no longer required for the following Idaho licensed or registered drug outlets:

- Resident Drug Outlet (RDO)
- Non-Resident Drug Outlet (NDO)
- Prescriber Drug Outlet (PDO)

According to Idaho Statute 37-2730A(1) Prescription Tracking

² US Food and Drug Administration. FDA's concerns with unapproved GLP-1 drugs used for weight loss. Published 2025. <https://www.fda.gov/drugs/postmarket-drug-safety-information-patients-and-providers/fdas-concerns-unapproved-glp-1-drugs-used-weight-loss>

'Certification of No Dispensing of Controlled Substances' Form No Longer a Required Document for RDOs, NDOs, and PDOs

(cont)

Program, "data collected pursuant to this subsection shall be reported by the end of the business day by all drug outlets that dispense controlled substances in or into Idaho for human patients."

Drug outlets that are licensed to dispense legend drugs in or into Idaho for human patients but do not dispense controlled substances (CS) were previously required to submit the Certification of No Dispensing of Controlled Substances form, which would exempt the drug outlet from reporting to the Prescription Tracking Program clearinghouse.

With the implementation of the new licensing system (Oasis), specific questions have been added to the

initial and renewal applications, removing the need for the form.

Questions regarding "dispensing" for initial ownership, address changes, and renewals are as follows:

- **The Resident Drug Outlet application asks**, "Will you be dispensing controlled substances?"
- **The Non-Resident Drug Outlet application asks**, "Will this facility be shipping controlled substance medications into Idaho?"
- **The Prescriber Drug Outlet application asks**, "Will you be dispensing controlled substances?"

Be sure to answer the question based on the following definition to avoid unnecessary issues with reporting requirements.

According to Idaho Statute 54-1704(11) Definitions:

"Dispense" or "dispensing" means the preparation and delivery of a drug pursuant to a lawful prescription drug order of a practitioner in a suitable container appropriately labeled for subsequent administration to or use by a patient or other individual entitled to receive the prescription.

The administration of CS refers to the delivery of a drug in any situation other than usage by the patient.

Celebrating the Career of Berkeley Fraser: A Legacy of Service to Idaho's Pharmacy Community

After more than three decades of service to the profession of pharmacy and the people of Idaho, Berkeley "Berk" Fraser, RPh, has retired, leaving behind a legacy of leadership, integrity, and deep care for his colleagues and community.

Berk graduated from the University of Montana Skaggs School of Pharmacy and was first licensed as a pharmacist in Oregon in 1991; he obtained his Idaho pharmacist license in 1995. He spent the early years of his career in pharmacy practice before being appointed to

the Idaho Board of Pharmacy by Governor Jim Risch in 2006.

During his tenure as a Board member, Berk was elected chairman and oversaw a historic milestone: in 2012, the Board completed the first rule rewrite in decades.

This ambitious effort modernized regulations, ensuring they were tidy, current, and relevant – a philosophy that continues to guide the Board's work today.

In 2013, Berk stepped down from his Board appointment to become the Board's deputy executive director,



Berk Fraser (center) receives a letter of recognition from Governor Brad Little, thanking him for his contributions to the practice of pharmacy. The letter was presented by Health Professions Bureau Chief Nicki Chopski (left) and DOPL Administrator Russell Barron (right).

where he applied his knowledge and leadership to daily operations

Celebrating the Career of Berkeley Fraser: A Legacy of Service to Idaho's Pharmacy Community

(cont)

and oversight. When 48 boards and commissions were consolidated into DOPL in 2022, pursuant to Executive Order 2020-10, Berk transitioned into the role of chief investigator. His experience and calm leadership were invaluable during this significant period of change for Idaho's regulatory system.

Berk's path to pharmacy was inspired by his great-uncle, the oldest practicing pharmacist in

Montana in the 1980s, who closed his pharmacy in Windham, MT, at the age of 90. That legacy of dedication has been evident throughout Berk's own career. He is quick to point out, however, that what mattered most to him were the people, not the milestones or titles. One of his cherished memories is the sense of family he felt working alongside his Board of Pharmacy colleagues, especially during the darkest

days following the heartbreaking loss of his beloved daughter and granddaughter, Erin and Autumn.

As Berk embarks on retirement, he leaves behind a strengthened regulatory framework, a legacy of professionalism, and a community that is better because of his service. The Idaho pharmacy and regulatory communities thank him for his decades of dedication and wish him all the best in this next chapter.

Struggling in Silence? You're Not Alone – Help Is Here for Health Professionals

You entered your profession to care for others. But who's caring for you?

If you're a health professional silently battling substance use or mental health challenges – or if someone you love is – it's time to take the first step toward healing. The **Health Professionals Recovery Program** is here to support you with compassion, not judgment.

Addiction and mental health struggles don't discriminate. They can affect anyone – even the most dedicated and high-achieving professionals. Research shows that punishment doesn't stop addiction, but individualized, caring support does. That's exactly what this program offers: a confidential path forward that protects your well-being, career, and future.

You don't have to wait for things to get worse. You don't have to face it alone.

Ask yourself:

- Are you feeling overwhelmed, burned out, or unlike yourself?
- Is someone you care about in the medical field showing signs of struggle?
- Do you want to regain a sense of peace, purpose, and control?



You don't have to hit rock bottom to get help. You just have to take the first step.

You are not broken. You are not alone. You are human – and help is available.

Many have walked this path before and found a better, healthier life on the other side. If you're unsure about reaching out, consider attending a virtual or in-person meeting through **International Doctors in Alcoholics Anonymous**, a nonjudgmental, confidential community of peers who understand exactly what you're going through.

Take back your direction. Reclaim your strength. We're here when you're ready.

Contact: Katie Stuart

📞 208/577-2489 ✉ Katie.Stuart@dopl.idaho.gov

🌐 dopl.idaho.gov/health-professionals-recovery-program

Pharmacy Professional Recovery Program Forum

A representative from Idaho attended the first-ever Pharmacy Professional Recovery Program Forum at NABP Headquarters.

Several representatives from state boards of pharmacy, professional recovery programs, peer assistant services programs, and pharmacist rehabilitation organizations were in attendance, as well as many guest speakers.

Knowledge was shared about the benefits of recovery programs and

lessons learned from programs such as the National Organization of Alternative Programs and the Federation of State Physician Health Programs.

Information was also shared about the current landscape of recovery among pharmacists across the country and about how the profession can be better supported and served. Ideas on outreach and a better understanding of how these programs aim for non-disciplinary

routes, work toward retaining licenses, commit to a safe return to work, and strive to support long-term recovery were included, as well.

The information obtained lends more credence to the efficacy of programs such as the Health Professionals Recovery Program and provides resources to its administrators.

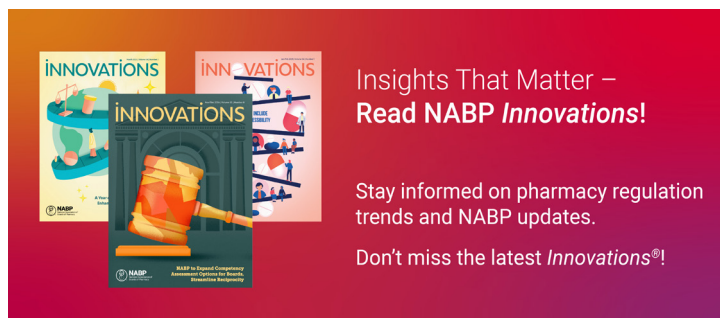
Idaho Board of Pharmacy 2025 Meeting Schedule

The Board will meet quarterly in 2025 on the following dates:

- September 18
- December 11

All meetings start at 8:30 AM and are held at the Division of Occupational and Professional Licenses, 11341 W Chinden Blvd, Boise, ID 83714.

Meetings may also be attended virtually. See the meeting agenda for the link to attend virtually at <https://dopl.idaho.gov/calendar>.



The Idaho Board of Pharmacy News is published by the Idaho Board of Pharmacy and the National Association of Boards of Pharmacy Foundation® (NABPF®) to promote compliance of pharmacy and drug law. The opinions and views expressed in this publication do not necessarily reflect the official views, opinions, or policies of NABPF or the Board unless expressly so stated.

Nicki Chopski, PharmD, ANP - State News Editor

Lemrey "Al" Carter, PharmD, MS, RPh - National News Editor & Executive Editor

Megan Pellegrini - Publications and Editorial Manager

11341 W Chinden Blvd, Building #4 | Boise, ID 83714