



NABP

National Association of
Boards of Pharmacy

CPE Activity Information

LIVE WEBINAR

Take Care of Yourself: Burnout, Trauma, and Well-Being for Health Care Providers



December 13, 2024

1-2:30 PM CST

Activity Overview

Because of the high demand and stress they experience, health care providers are more susceptible to burnout compared to the general population. This is understandable, as health care providers often witness their patients' suffering and frequently lack full control over their working conditions and personal safety. Research indicates that health care team members, including pharmacists, are more likely to make errors when under pressure. This is particularly concerning given that medical errors rank as the third leading cause of death in the United States, following cardiovascular disease and cancer. During this webinar, attendees will learn from an expert in workplace well-being and trauma-informed care about workplace burnout, trauma, and provider well-being.

Please note that the webinar capacity is 1,000 participants; registration does not guarantee entry. Those who are unable to join the meeting may purchase the webinar recording that will be posted online when it becomes available.

Activity Topic	Pharmacy Administration
Activity Format	Live Webinar
Universal Activity Numbers	0205-0000-24-098-L04-P 0205-0000-24-098-L04-T
Activity Date	12-Dec-24
Activity Type	Knowledge-based
CE Credits	1.5 contact hours (0.15 CEU)
Activity Fee	No Fee

Target Audience

This activity was designed to meet the educational needs of pharmacists and pharmacy technicians in all practice settings.

Learning Objectives

At the conclusion of this webinar, participants will be able to:

1. Identify the multiple factors, including vicarious trauma, work-related conditions, and compassion fatigue, that can lead to exhaustion and burnout among health care providers.
2. Explain the role of organizational culture on burnout.
3. Discuss the importance of trauma-informed workforce in addressing the needs of the evolving job market.
4. Describe effective strategies employers can implement to ensure the well-being of employees.

CPE Requirements

To earn ACPE-accredited CPE for this activity, participants must:

- be registered as an attendee,
- attend the activity in its entirety,
- answer the self-assessment questions provided by the presenters, and
- submit the activity code online using the NABP CPE submission site located at <https://nabp.pharmacy/claimcpe>.

To obtain CPE credit, participants must also complete activity and speaker evaluations.

All CPE submissions for the live session must be submitted online within 60 days from the webinar (no later than 12 PM on February 10, 2025).

Presenters

Helen Sairany, PharmD, MBA, BCACP, Executive Vice President, Georgia Academy of Family Physicians

Registration

Register for the upcoming live webinar. Additional details about participating will be sent via email prior to the webinar.

[Register](#)

Additional CPE Information

Contact NABP staff at CPE@nabp.pharmacy for information about CPE activities and instructions.



NABP and the NABP Foundation are accredited by the Accreditation Council for Pharmacy Education (ACPE) as providers of continuing pharmacy education (CPE).

ACPE Provider Number: 0205.

System Requirements

You will need a computer with high-speed internet access to view our screens and audio capabilities, via computer or phone, to hear the webinar. Browser requirements are as follows: Google Chrome (most recent 2 versions) and Mozilla Firefox (most recent 2 versions). Read more about additional [system requirements](#).

Read more about the [policy on privacy and confidentiality](#).