



CPE Activity Information

Pharmacy Personnel Burnout – Examining Causes and Prevention Strategies for Improving Well-Being

Activity Overview

In alignment with former NABP President Lenora Newsome’s initiative to promote a healthier pharmacy environment and combat unsafe working conditions, this session will provide resources to support the mental health and well-being of pharmacists and pharmacy staff. Attendees will be provided with a better understanding of drivers of burnout and learn tangible skills that can help individuals better address and resolve key causes of stress and burnout in the workplace. Additionally, attendees will learn about the importance of organizational strategies to effectively change culture and address burnout issues in the workplace.

This home study webinar is a recording of the live activity that was held on May 15, 2024, and was sponsored by CVS Health.

Activity Topic	Pharmacy Administration
Activity Format	Home Study
Universal Activity Numbers	0205-0000-24-048-H04-P 0205-0000-24-048-H04-T
Activity Date	28-Aug-24 through 27-Jun-27
Activity Type	Knowledge-based
CE Credits	1.5 contact hours (0.15 CEU)
Activity Fee	\$20

Target Audience

This activity was designed to meet the educational needs of pharmacists and pharmacy technicians in all practice settings.

Learning Objectives

At the conclusion of this webinar, participants will be able to:

1. Describe the dimensions, known drivers, and prevalence of burnout among pharmacy personnel.
2. Review unique challenges in mental health that may contribute to burnout and reduced resilience among pharmacy personnel.
3. Identify evidence-based methods to mitigate and reduce burnout, improve engagement, and enhance overall well-being of pharmacy personnel in the workplace.

CPE Requirements

To earn ACPE-accredited CPE for this activity, participants must:

- be registered as an attendee,
- submit the activity code online using the NABP CPE submission site located at <https://nabp.pharmacy/claimcpe>,
- complete the activity in its entirety,
- answer the self-assessment questions at the beginning of the webinar, and
- review the activity handouts.

To obtain CPE credit, participants must also complete activity and speaker evaluations as well as pass the post-test with a score of 70% or higher.

All home study CPE submissions must be completed online within 60 days from the date the activity code is submitted online.

Presenter

Kelly Gable, PharmD, BCPP, Professor and Director of Well-being and Resilience, Southern Illinois University Edwardsville School of Pharmacy

Home Study

Log in to [NABP e-Profile](#) to purchase the home study activity. Instructions on how to complete the home study for this webinar will be sent via email.

Additional CPE Information

Contact NABP Professional Affairs staff at cpe@nabp.pharmacy for information about CPE activities and instructions.



NABP and the NABP Foundation are accredited by the Accreditation Council for Pharmacy Education (ACPE) as providers of continuing pharmacy education (CPE).

ACPE Provider Number: 0205.

System Requirements

You will need a computer with high-speed internet access to view our screens and audio capabilities, via computer or phone, to hear the webinar. Browser requirements are as follows: Firefox (9.0+), Adobe Flash Player (10.3+), Google Chrome, and Safari (5.0+).

Read more about the [policy on privacy and confidentiality](#).