

# **CPE Activity Information**

# **Dietary Supplement Regulation: Recognizing Fact From Fiction**

#### **Activity Overview**

Caution: This webinar may support healthy levels of skepticism.

While many in the dietary supplement industry comply fully with federal law, some bad actors sell products that are adulterated and/or misbranded in violation of the Federal Food, Drug, and Cosmetic Act. This webinar focuses on this subset of dietary supplements, particularly supplements tainted with undeclared active pharmaceutical ingredients; supplements that contain declared adulterants, such as amphetamine derivatives, steroids, or investigational new drugs; and supplements impermissibly marketed with claims to treat diseases.

Presenters will cover the regulatory framework governing these products; explain why these products continue to be readily available to patients; and provide pharmacists and pharmacy technicians with the information they need to protect the public from harm.

This home study webinar is a recording of the live activity that was held on January 20, 2021.

<b>Activity Topic</b>	Law
Universal Activity Numbers	0205-0000-21-012-H03-P 0205-0000-21-012-H03-T
<b>Activity Date</b>	26-Jun-23 through 04-Dec-23
Activity Type	Knowledge-based
CE Credits	1 contact hour (0.1 CEU)
Activity Fee	\$20

#### **Target Audience**

This activity was designed to meet the educational needs of pharmacists and pharmacy technicians in all practice settings.

## **Learning Objectives**

At the conclusion of this webinar, participants will be able to:

- 1. Describe misbranded and adulterated dietary supplements.
- 2. Quantify the risks associated with dietary supplements.
- 3. Describe the Dietary Supplement Health and Education Act of 1994 and its impact on dietary supplement regulation.
- 4. Provide an example of an impermissible disease claim.
- 5. State where to report adverse events related to dietary supplements.

## **CPE Requirements**

To earn ACPE-accredited CPE for this activity, participants must:

- be registered as an attendee,
- submit the activity code online using the NABP CPE submission site located at https://nabp.pharmacy/claimcpe,
- complete the activity in its entirety,
- answer the self-assessment questions at the beginning of the webinar, and
- review the activity handouts.

To obtain CPE credit, participants must also complete activity and speaker evaluations as well as pass the post-test with a score of 70% or higher.

All home study CPE submissions must be completed online within 60 days from the date the activity code is submitted.

#### **Presenters**

Justin Macy, PharmD, JD, Digital Health Senior Manager at NABP

Niamh Lewis, JD, Digital Health Regulatory Expert at NABP

#### **Home Study**

Log in to NABP e-Profile to purchase the home study activity. Instructions on how to complete the home study for this webinar will be sent via email

#### **Additional CPE Information**

Contact NABP Professional Affairs staff at <a href="mailto:cpe@nabp.pharmacy">cpe@nabp.pharmacy</a> for information about CPE activities and instructions.



NABP and the NABP Foundation are accredited by the Accreditation Council for Pharmacy Education (ACPE) as providers of continuing pharmacy education (CPE).

ACPE Provider Number: 0205.

# **System Requirements**

You will need a computer with high-speed internet access to view our screens and audio capabilities, via computer or phone, to hear the webinar. Browser requirements are as follows: Firefox (9.0+), Adobe Flash Player (10.3+), Google Chrome, and Safari (5.0+).

Read more about the policy on privacy and confidentiality.