



The Tri-Regulator Collaborative Position Statement on Practitioner Wellness

As the leading organizations representing the licensing boards of the United States that regulate the practice of medicine, pharmacy, and nursing, the Federation of State Medical Boards (FSMB), National Association of Boards of Pharmacy (NABP), and National Council of State Boards of Nursing (NCSBN) express our commitment to identifying and preventing practitioner burnout.

Practitioner wellness is a patient safety issue impacting an increasing number of practitioners each year. It is a complex problem that demands a comprehensive and transparent approach in identifying, treating, and preventing burnout and other stress-related conditions.

Today’s practitioner is faced with knowledge overload, numerous technology innovations, social media pressures, and a rapidly changing practice environment. Dealing with such challenges and a lack of wellness strategies and assistance often leads to practitioner burnout and/or unhealthy responses to dealing with stress. The stress and challenges begin in their formal professional educational programs and continue throughout their practices and careers. In far too many instances, the practitioner does not seek help because of the associated stigmas and possible disciplinary actions, or assistance is not available.

The Tri-Regulator Collaborative is committed to bringing attention to this issue and will work collectively to identify meaningful preventive and treatment solutions to enable the protection of the public.

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