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South Dakota State Board of Pharmacy News

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New Registered Pharmacists/Pharmacies

The following candidates recently met licensure requirements and were registered as pharmacists in South Dakota: Drew Klinkebiel, Justin Cunningham, Sybille Lupee, Shivani Patel, Sarah Williams, Ashley Kann, Michael Stanley, and Heather Yennie.

New pharmacy permits issued over the same time period are Jones Drug – Aberdeen, SD (change of ownership); Dan's Drugstore – Sioux Falls, SD; Regional Home Infusion – Rapid City, SD; and Genoa, a QoL Healthcare Company – Watertown, SD (change of ownership).

Legislative News – Naloxone Bill

The 90th session of the South Dakota Legislature is in full swing. Senate Bill 14 will allow trained first responders to administer naloxone to anyone who is experiencing symptoms of an opiate overdose. An excerpt of the bill follows.

> FOR AN ACT ENTITLED, An Act to provide for the possession and administration of opioid antagonists by first responders for the treatment of drug overdoses.
>
> BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF SOUTH DAKOTA:
>
> Section 1. Any first responder trained in compliance with section 2 of this Act and acting under a standing order issued by a physician may possess and administer opioid antagonists to a person exhibiting symptoms of an opiate overdose.
>
> Section 2. For the purposes of this Act, the term, opioid antagonist, means naloxone hydrochloride or any other similarly acting and equally safe drug approved by the federal Food and Drug Administration for the treatment of drug overdose.
>
> Section 3. For the purposes of this Act, the term, first responder, includes:
>
> (1) A law enforcement officer as defined by subdivision 22-1-1(22);
>
> (2) A driver and attendant responding to an emergency call as part of an ambulance service licensed pursuant to chapter 34-11; and
>
> (3) A firefighter.
>
> Section 4. Each first responder authorized to administer an opioid antagonist shall be trained.

A full view of this bill can be located on the state's Legislative website at *http://legis.sd.gov/Legislative_Session/Bills/Bill.aspx?File=SB14P.htm&Session=2015*.

The governor has signed this bill into law.

Electronic Prescriptions for Controlled Substances

The South Dakota State Board of Pharmacy staff receives multiple calls and questions pertaining to electronic prescriptions for controlled substances (EPCS). Of late, most of the concern focuses on how a pharmacist is to know if a prescriber has been approved to conduct this activity. The Board staff are certainly not the dispensing software experts for all the different platforms out there, but the Board has witnessed feedback mechanisms in software providing the logic that can authenticate the process. Many excellent questions and answers on this topic can be found on the Drug Enforcement Administration (DEA) website, and included below are a few that cover this topic nicely. Note, the language does state that all pharmacies must have a copy of the report from the application provider stating that your platform has been approved. The Board's advice would be to check with your administration, district managers, or information technology staff to secure one of those reports.

From the DEA website:

Q. When can a pharmacy start processing electronic prescriptions for controlled substances?

A. A pharmacy will be able to process electronic controlled substance prescriptions only when the application the pharmacy is using to process prescriptions complies with the requirements in the interim final rule.

Q. How will a pharmacy be able to determine that an application complies with DEA's rule?

A. The application provider must either hire a qualified third party to audit the application or have the application reviewed and certified by an approved certification

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FDA's New Database Simplifies Searching for Guidance Documents

Food and Drug Administration (FDA) has released a new database that houses most FDA guidance documents for regulatory professionals. The guidance documents for nearly all FDA-regulated professions and industries are available in a searchable database that allows users to enter keywords that update automatically as they are typed. Search results may also be narrowed by product, date, document type, and other terms. The database also indicates whether there is an open comment period and the deadline for submitting comments.

The database can be accessed at *www.fda.gov/RegulatoryInformation/Guidances/default.htm*.

2014-2015 Targeted Medication Safety Best Practices for Hospitals

This column was prepared by the Institute for Safe Medication Practices (ISMP). ISMP is an independent nonprofit agency and federally certified patient safety organization that analyzes medication errors, near misses, and potentially hazardous conditions as reported by pharmacists and other practitioners. ISMP then makes appropriate contacts with companies and regulators, gathers expert opinion about prevention measures, and publishes its recommendations. To read about the risk reduction strategies that you can put into practice today, subscribe to ISMP Medication Safety Alert!® Community/Ambulatory Care Edition by visiting www.ismp.org. *ISMP provides legal protection and confidentiality for submitted patient safety data and error reports. Help others by reporting actual and potential medication errors to the ISMP National Medication Errors Reporting Program Report online at* www.ismp.org. *Email: ismpinfo@ismp.org.*

The purpose of the Targeted Medication Safety Best Practices (TMSBP) for Hospitals is to identify, inspire, and mobilize widespread, national adoption of consensus-based best practices on specific medication safety issues that continue to cause fatal and harmful errors in patients despite repeated warnings in ISMP publications. These best practices are realistic practices, already adopted by many organizations, upon which hospitals can focus their medication safety efforts. The best practices are applicable to all types of hospitals including, but not limited to, critical access hospitals, cancer hospitals, and children's hospitals. They may also be applicable to other health care settings, as well as non-inpatient areas of hospitals and hospital systems. These best practices have been reviewed by an external expert advisory panel and approved by the ISMP Board of Trustees. Related issues of the *ISMP Medication Safety Alert!* are referenced after each best practice.

Recurrent Issue of Serious Harm

Oral methotrexate for non-oncological indications administered daily instead of weekly or twice weekly is a recurrent issue and one of the six TMSBPs.

ISMP has published this error in seven *ISMP Medication Safety Alert!* issues from 1996 to 2013. Although dosed daily for oncology purposes, it is used weekly or twice weekly to treat a variety of autoimmune diseases (eg, psoriasis, severe rheumatoid arthritis). Error reports point to inadvertent ordering and/or entering as daily instead of weekly or twice weekly, and lack of patient education/understanding of medication dosing schedule. To minimize the risk of error, **Best Practice 2** calls for hospitals to:

a) Use a weekly dosage regimen default for oral methotrexate. If overridden to daily, require a hard stop verification of an appropriate oncologic indication.
b) Provide patient education by a pharmacist for all weekly oral methotrexate discharge orders.

Question: Does the best practice of a weekly frequency default for oral methotrexate apply to a specialty cancer hospital?

Answer: The intent of this best practice is to reduce errors when methotrexate is prescribed as a weekly regimen for non-oncologic or oncologic indications. Even when used for oncologic purposes, oral methotrexate is sometimes prescribed as a weekly regimen, not daily. Thus, this best practice applies to all patient care settings, including specialty cancer hospitals.

Teaching Points (Both Verbal and Written)

- Explain the weekly dosing schedule.
- Explain that taking extra doses is dangerous.
- Have the patient repeat back the instructions.
- Provide the patient with the free ISMP high-alert medication consumer leaflet on methotrexate (found at *www.ismp.org/AHRQ/default.asp)*.

To read all of the best practices, visit *www.ismp.org/Tools/BestPractices/default.asp.*

ACPE Releases Updated Definition of CPE and Guidance on CPD

The Accreditation Council for Pharmacy Education (ACPE) has released two documents that provide guidance and support for continuing pharmacy education (CPE) and continuing professional development (CPD). The two documents, approved by the ACPE board of directors, are described below.

- The revised *Definition of Continuing Education for the Profession of Pharmacy* defines the quality of CPE required by ACPE and the competencies required for CPE activity content. The *Definition* document will assist providers of CPE in planning activities that will be applicable to the professional development of pharmacists and certified pharmacy technicians.
- The *Guidance on Continuing Professional Development (CPD) for the Profession of Pharmacy* incorporates feedback from a broad survey of the pharmacy profession that was conducted in July 2014. The *Guidance* document provides details on the learning activities that may contribute to the professional development of both pharmacists and pharmacy technicians beyond CPE, and also "provides a process for pharmacists and pharmacy technicians to meet and maintain defined competencies in areas relevant to their respective professional responsibilities."

Additional information, including links to the documents, is available in a press release on the ACPE website at *www.acpe-accredit.org/pdf/ACPEAdvancesCPE-CPDforPharmacists.pdf*.

Hospira Issues Recall for Multiple Lots of Ketorolac Tromethamine Injection Due to Potential Contamination

Hospira, Inc, of Lake Forest, IL, has issued a voluntary recall of ketorolac tromethamine injection, USP in the United States and Singapore due to potential particulate matter. The presence of particulate was confirmed through a customer report of visible floating particulate that was identified as calcium-ketorolac crystals. If in-

jected, medications contaminated with particulate matter may cause localized inflammation, allergic reaction, granuloma formation, or microembolic effects. Multiple lots are impacted by this recall and are listed in a press release posted to the FDA website at *www.fda.gov/Safety/Recalls/ucm433857.htm*. The lots were distributed from February 2013 to December 2014 in the US. To date, there have been no cases of adverse events associated with this medication. Adverse reactions may be reported to FDA's MedWatch Safety Information and Adverse Event Reporting Program.

FDA Warns of Counterfeit Cialis Tablets Entering the US

Potentially dangerous, counterfeit versions of Cialis® 20 mg tablets were intercepted in the mail before reaching a US consumer, warns FDA. Laboratory analysis of the counterfeit product showed that it contained multiple active ingredients that could lead to adverse effects or harm if used, indicates an FDA Drug Safety Announcement. The agency reminds US consumers to only buy prescription medications from state-licensed pharmacies located in the US. FDA notes that it cannot confirm that the manufacturing, quality, storage, and handling of products ordered from unlicensed websites follow US standards because the products are from an unknown source.

To help consumers identify these counterfeit medications, FDA provides guidelines in the safety announcement. For example, these counterfeits list "AUSTR81137" on the front of the bottle and lack a National Drug Code number. Other possible identifiers include misspellings and unusual colors on the label, and a manufacturer listed as "112 Wharf Road, WEST RYDE, NSW 2114" on the side of the bottle.

To date, FDA is not aware of any adverse events associated with these counterfeit medications; however, consumers are encouraged to talk to a health care provider about their condition and options for treatment if a counterfeit product was received.

The National Association of Boards of Pharmacy® (NABP®) has reviewed more than 10,900 websites selling prescription drugs to patients in the US and found that nearly 97% are operating out of compliance with pharmacy laws and practice standards established to protect the public health. To help consumers in the US find the safest sources for purchasing medications online, NABP developed the Verified Internet Pharmacy Practice Sites® (VIPPS®) program. NABP encourages consumers to look for the VIPPS Seal and to check NABP's list of accredited sites on the AWAR$_X$E® Prescription Drug Safety Program website. In addition, consumers may soon watch for pharmacy sites using the newly launched .pharmacy Top-Level Domain; sites in the domain (with a website address ending in .pharmacy) will be reviewed by NABP and approved only if they are legitimate online pharmacies or pharmacy resources adhering to applicable pharmacy laws and best practices.

Additional details on the counterfeit Cialis are available in a Drug Safety Announcement posted to the FDA website at *www.fda.gov/Drugs/DrugSafety/ucm431071.htm*. More information on VIPPS and other NABP programs is available in the Programs section of the NABP website, *www.nabp.net*.

New FDA Drug Info Rounds Training Videos Review Drug Disposal and REMS

FDA Drug Info Rounds, a series of online videos, provides important and timely drug information to practicing clinical and community pharmacists so they can help patients make better decisions. The latest Drug Info Rounds videos are as follows.

- In "Disposal of Unused Medicines," pharmacists discuss how consumers can safely dispose of expired or unused medications to prevent abuse or misuse and accidental poisoning.
- In "REMS," pharmacists discuss the many components of Risk Evaluation and Mitigation Strategies (REMS) and how they can help manage a drug product with known or potential serious risks.

Drug Info Rounds is developed with contributions from pharmacists in FDA's Center for Drug Evaluation and Research, Office of Communications, Division of Drug Information. These videos and previous Drug Info Rounds resources are available on the FDA website at *www.fda.gov/Drugs/ResourcesForYou/HealthProfessionals/ucm211957.htm*.

FDA Issues New Drug Labeling Rules to Benefit Pregnant, Breastfeeding Women

FDA announced new prescription drug labeling requirements that will clarify how medications might affect women who are pregnant or breastfeeding and men and women of reproductive potential. The final "Content and Format of Labeling for Human Prescription Drug and Biological Products; Requirements for Pregnancy and Lactation Labeling Rule" removes the previously used pregnancy letter categories – A, B, C, D, and X – and places information into three main categories:

- **Pregnancy:** Labor and delivery guidelines now fall under this category, which also now includes information for pregnancy exposure registries. Such registries track data on the effects of certain approved medications on pregnant and breastfeeding women.
- **Lactation:** Previously labeled "Nursing Mothers," this category provides information such as how much drug is secreted through breast milk and the potential effects on a breastfed infant.
- **Females and Males of Reproductive Potential:** This is a new category that includes information on how a certain medication might affect pregnancy testing, contraception, and infertility.

The new labeling changes go into effect on June 30, 2015. Over-the-counter medication labels will not be affected. The new rules are available for download through the *Federal Register* at *https://s3.amazonaws.com/public-inspection.federalregister.gov/2014-28241.pdf*.

FDA Approves Zohydro ER With Abuse-Deterrent Properties

In February 2015, FDA approved a new formulation of Zohydro® ER with abuse-deterrent properties. The new formulation uses a technology that allows the drug to maintain its release properties when used as intended, according to a press release from Zogenix. The abuse-deterrent system, known as BeadTek, incorporates "pharmaceutical excipients" that create a viscous gel when the medication is crushed and dissolved in a liquid or solvent, thus making the product more difficult to abuse through methods that involve crushing, breaking, or dissolving the drug. In early 2014, Zohydro ER became the first extended-release, single-ingredient hydrocodone product to receive approval for use in the US. Approval of the drug came under criticism, with some organizations arguing that the potential for addiction, abuse, and misuse could outweigh therapeutic benefits, in part because the drug lacked abuse-deterrent properties. Zogenix indicates that transition to the new abuse-deterrent formulation will take place in second quarter 2015.

Additional information on the new formulation is provided in a press release available on the Zogenix website at *http://ir.zogenix.com/phoenix.zhtml?c=220862&p=irol-newsArticle&cat=news&id=2012326*.

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body. The auditor or certification body will issue a report that states whether the application complies with DEA's requirements and whether there are any limitations on its use for controlled substance prescriptions. (A limited set of prescriptions require information that may need revision of the basic prescription standard before they can be reliably accommodated, such as hospital prescriptions issued to staff members with an identifying suffix.) **The application provider must give a copy of the report to pharmacies that use or are considering use of the pharmacy application to allow them to determine whether the application is compliant with DEA's requirements.**

Q. Until a pharmacy has received an audit/certification report from the pharmacy application provider indicating that the application meets DEA's requirements, how can the pharmacy application be used to process controlled substance prescriptions?

A. A pharmacy cannot process electronic prescriptions for controlled substances until its pharmacy application provider obtains a third party audit or certification review that determines that the application complies with DEA's requirements and the application provider gives the audit/certification report to the pharmacy. The pharmacy may continue to use its pharmacy application to store and process information from paper or oral controlled substances prescriptions it receives, but the paper records must be retained.

A full listing of the EPCS Questions and Answers for Pharmacies can be found at *www.deadiversion.usdoj.gov/ecomm/e_rx/faq/pharmacies.htm.*

DEA Form 106

The execution and submission of DEA Form 106 (Report of Theft or Loss of Controlled Substances) continue to be on the fast track. Year over year, we are up about 25%. Reasons continue to be external and internal employee pilferage, accidentally disposing of a partial bottle, and the latest is "loss in transit." The Board continues to ask you to be diligent on the inspection of your controlled substance medications upon receipt from the various couriers.

Board Meeting Dates

Please check the Board's website for the time, location, and agenda for future Board meetings.

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