### August 2018



# Illinois Department of Financial and Professional Regulation Pharmacy Newsletter

Published to promote compliance of pharmacy and drug law

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### A Message From Secretary Schneider

Greetings,

Welcome to the August issue of the Illinois Department of Financial and Professional Regulation Pharmacy Newsletter.

I hope that everyone is enjoying the summer season. I am excited to report that the Illinois Department of Financial and Professional Regulation (IDFPR) has transferred most of its initial license applications online. Most recently, the pharmacy and pharmacy controlled substance license applications have been added to IDFPR's online portal. In addition to these two license types, applicants may submit certified pharmacist technician, student pharmacist, and pharmacist applications online.

The online portal allows all application interactions to be completed from start to finish online, enables faster license processing times, and facilitates a more user-friendly experience for stakeholders. This transformation is part of the Department's commitment to enabling a quicker transition into the workforce for licensed businesses and professionals, and ensuring overall compliance more efficiently.

Very truly yours,

Bryan A. Schneider Secretary, IDFPR bryan.schneider@illinois.gov, 312/793-3676

### **Upcoming Board Meetings**

The IDFPR, Division of Professional Regulation – State Board of Pharmacy is scheduled to meet:

- ♦ September 11, 2018 Chicago, IL
- November 13, 2018 Chicago
- ♦ January 8, 2019 Chicago
- ♦ March 12, 2019 Springfield, IL
- ◆ May 14, 2019 Chicago

Chicago location: 100 W Randolph Street, 9<sup>th</sup> Floor Springfield location: 320 W Washington Street

### Important Public Health Survey

The following is a message and survey requested to be shared by the Chicago Department of Public Health. Dear Colleague,

We continue to hear that despite Illinois legislation that allows pharmacists to dispense naloxone under a standing

order, many pharmacists are not aware that this is possible and allowable.

On behalf of the Chicago Department of Public Health, we are writing today to ask for your support in getting this online survey to **retail pharmacists in Chicago/Illinois.** The survey results will help identify perceived barriers and knowledge gaps so we can work together to develop solutions. We would be happy to share the aggregate survey results with you.

**Please share the following survey with all pharmacists working in retail pharmacies:** *https://uic.qualtrics.com/ jfe/form/SV\_6ujsbq26JT1toA5.* It should take 5-10 minutes to complete.

Expanding access to naloxone is an important component of the City's approach to combating the opioid crisis. We truly appreciate your support in helping us better understand the barriers and solutions to doing this important work. Thank you for your time and your help. Please let us know if you would like to discuss this further by phone.

Check out the City's new online resource at www .overcomeopioids.org.

You can also find naloxone posters and patient handouts at *www.overcomeopioids.org/free-resources*.

#### Best regards,

Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM, FACPM

Medical Director of Behavioral Health

Chicago Department of Public Health

### Illinois Professionals Health Program Overview

The Illinois Professionals Health Program, LLC (IPHP) has new contact information. Its office is now in Suite 125 at 701 Lee Street in Des Plaines, IL. The main phone number is 847/892-7910 and the fax number is 847/892-7911.

The IDFPR has again awarded IPHP the contract to serve the pharmacists and pharmacy technicians in the State of Illinois.

IPHP is a statewide program providing support and earned advocacy for health care professionals throughout Illinois. IPHP is recognized by the Federation of State Physician Health Programs as the approved physician health program

# **National Pharmacy Compliance News**

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The applicability of articles in the *National Pharmacy Compliance News* to a particular state or jurisdiction can only be ascertained by examining the law of such state or jurisdiction.

### DEA Launches New Tool to Help Distributors Make Informed Decisions About Customers

In February 2018, Drug Enforcement Administration (DEA) launched a new tool to assist drug manufacturers and distributors with their regulatory obligations under the Controlled Substances Act. The agency added a new feature to its Automation of Reports and Consolidated Orders System (ARCOS) Online Reporting System, a comprehensive drug reporting system that monitors the flow of controlled substances (CS) from their point of manufacture through commercial distribution channels to the point of sale at the dispensing/retail level. This newly added function will allow the more than 1,500 DEA-registered manufacturers and distributors to view the number of registrants who have sold a particular CS to a prospective customer in the last six months.

DEA regulations require distributors to both "know their customer" and to develop a system to identify and report suspicious orders. Manufacturers and distributors have asked DEA for assistance in fulfilling these obligations and have requested ARCOS information to help them determine if new customers are purchasing excessive quantities of CS. This new tool will provide valuable information for distributors to consider as part of their assessment. More details are available in a news release at www.dea.gov/divisions/hq/2018/hq021418.shtml.

# PTCB Launches Certified Compounded Sterile Preparation Technician Program

In January 2018, the Pharmacy Technician Certification Board (PTCB) launched the PTCB Certified Compounded Sterile Preparation Technician (CSPT) Program. To be eligible to apply, a technician must:

- Be a PTCB certified pharmacy technician (CPhT) in good standing; and
- ♦ Have completed either a PTCB-recognized sterile compounding education/training program and one year of continuous full-time compounded sterile preparation work experience, or three years of continuous full-time compounded sterile preparation work experience.

To earn CSPT Certification, eligible CPhTs are required to pass the CSPT Exam and submit competency attestation documentation from a qualified supervisor. The two-hour, 75-question CSPT Exam covers hazardous and nonhazardous compounded sterile products in the four domains of:

- ♦ Medications and components (17%);
- ◆ Facilities and equipment (22%);
- ♦ Sterile compounding procedures (53%); and
- ♦ Handling, packaging, storage, and disposal (8%).

The purpose of the Attestation Form is to document the candidate's completion of required training and certain skill and competency assessments in such areas as aseptic technique, equipment cleaning, and use of personal protective equipment. More details about the CSPT Program are available on PTCB's website at *www.ptcb.org*.

NABPF National Association of Boards of Pharmacy Foundation

### DEA Enables Mid-level Practitioners to Prescribe and Dispense Buprenorphine

In January 2018, DEA announced a deregulatory measure that will make it easier for residents of underserved areas to receive treatment for opioid addiction. Nurse practitioners and physician assistants can now become Drug Addiction Treatment Act-Waived qualifying practitioners, which gives them authority to prescribe and dispense the opioid maintenance drug buprenorphine from their offices. This final rule took effect January 22, 2018. More details about DEA's amendments are available in a Federal Register notice titled "Implementation of the Provision of the Comprehensive Addiction and Recovery Act of 2016 Relating to the Dispensing of Narcotic Drugs for Opioid Use Disorder" (Document Number: 2018-01173).

# *New CDC Training Offers CPE on Antibiotic Stewardship*

The Centers for Disease Control and Prevention's (CDC's) Office of Antibiotic Stewardship is offering free continuing education opportunities for health care professionals. Focused on judicious antibiotic prescribing and antibiotic resistance, the online training is offered in four sections, each with multiple modules. Section 1 of the "CDC Training on Antibiotic Stewardship" is open now and can be accessed at www.train .org/cdctrain/course/1075730/compilation. Additional sections will be released throughout 2018. More information and resources about CDC's national effort to help fight antibiotic resistance and improve antibiotic prescribing and use are available on CDC's website at www.cdc.gov/antibiotic-use/ index.html. CDC is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education (CPE). This program meets the criteria for 0.258 CEUs of CPE credit. The ACPE Universal Activity Number is 0387-0000-18-031-H05-P.

### Walmart to Provide Free Solution to Dispose of Medications With Schedule II Prescriptions

In partnership with Walmart, DisposeRx will provide a safe and easy way to neutralize unused, unwanted, or expired prescription opioids. DisposeRx developed a powdered product, also called DisposeRx, that permanently dissolves when mixed with water and sequesters excess opioids and other drugs in a stiff, biodegradable gel that can be safely thrown in the trash. Walmart will provide a free packet of DisposeRx with every new Schedule II prescription filled at its 4,700 pharmacies nationwide. "This partnership with DisposeRx is an exciting opportunity for Walmart to protect the safety of its customers and public health. Unwanted or expired prescription medications left inside consumers' medicine cabinets can be an easy source for those seeking to misuse or abuse a prescription drug," said Pharmacy Clinical Services Manager for WalMart Health and Wellness and NABP Past President Jeanne D. Waggener, RPh, DPh. "We're not just making it easy for patients to safely dispose of their medications, but we're also helping prevent abuse before it starts." Additional information is provided in a January 17, 2018 news release titled "Walmart Launches Groundbreaking Disposal Solution to Aid in Fight Against Opioid Abuse and Misuse."

### ASHP Research and Education Foundation Predicts Trends to Affect Pharmacy in 2018

In the 2018 Pharmacy Forecast: Strategic Planning Advice for Pharmacy Departments in Hospitals and Health Systems, the American Society of Health-System Pharmacists (ASHP) Research and Education Foundation provides guidance on eight topics that will challenge pharmacy practice leaders in hospitals and health systems. Published in the January 15, 2018 issue of American Journal of Health-System Pharmacy, the new report focuses on the following areas:

- Therapeutic innovation;
- ♦ Data, analytics, and technology;
- Business of pharmacy;
- Pharmacy and health-system leadership;
- ♦ Advanced pharmacy technician roles;
- Population health management;
- Public health imperatives; and
- Coping with uncertainty and chaos.

The 2018 report is available at www.ajhp.org/ content/75/2/23.

## USP Encourages Pharmacists to Help Patients Find Quality Dietary Supplements

Recall announcements, enforcement actions, and reports challenging the quality of dietary supplements are problematic issues facing pharmacists who want to ensure that the over-the-counter (OTC) products they are recommending to patients are of good quality. Many consumers purchase OTC dietary supplements and herbal products, often assuming they are regulated like prescription medications. While the law requires pharmaceuticals to meet specific quality standards set by the United States Pharmacopeial Convention (USP), the same requirements do not apply to supplements. For this reason, USP has created quality standards and a verification process specifically for these health products. Brands displaying the USP Verified Mark signal to the public that "what's on their label is what's in the bottle." Health care practitioners can learn more about USP's efforts at *www.usp* .org/dietary-supplements-herbal-medicines.

Further, USP Dietary Supplement Verification Services are available to manufacturers and brands worldwide. They include Good Manufacturing Practice facility auditing, product quality control and manufacturing product documentation review, and product testing. Manufacturers that are participating in USP's verification program for dietary supplements can be found at www.usp.org/verification-services/programparticipants.

### *New CPE Monitor Subscription Plan Helps Pharmacists Track Compliance Via Mobile App*

To help pharmacists easily monitor their CPE compliance, NABP partnered with the Accreditation Council for Pharmacy Education (ACPE) to develop CPE Monitor Plus, a subscription service for CPE Monitor<sup>®</sup>. Launched in April 2018, the new subscription service enables pharmacists to perform a variety of advanced functions beyond the basic CPE Monitor service, including:

- viewing CPE credit status by state to verify at a glance how much CPE credit must be earned to satisfy license renewal requirements;
- uploading certificates from non-ACPE CPE courses and applying them to relevant state licenses;
- receiving email alerts when CPE cycle deadlines are approaching;
- viewing all transcripts and individual courses and generating simplified, automated reports;
- searching for additional ACPE activities via ACPE P.L.A.N. (Pharmacists' Learning Assistance Network); and
- ♦ accessing ACPE CPD (Continuous Professional Development) via single sign on.

CPE Monitor Plus is available for an annual, renewable subscription fee of \$29.95, regardless of how many licenses a pharmacist has or adds at a later date. CPE Monitor Plus is only available via NABP's new mobile app. Search for NABP e-Profile in Google Play Store (Android) or the App Store (iPhone).

The standard CPE Monitor service is still available for free and can also be accessed via the app or a desktop by signing in with NABP e-Profile login credentials.

For more information, visit www.nabp.pharmacy/CPE.



CPE Monitor is a national collaborative service from NABP, ACPE, and ACPE providers that will allow licensees to track their CPE credit electronically

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for Illinois, and by the National Organization of Alternative Programs as the alternative to a discipline program for Illinois. IPHP assists health care professionals who have difficulties with stress management, substance abuse, medical or psychiatric illness, or other issues that may affect professionals' health, well-being, or ability to practice. IPHP strives to facilitate and promote the health and well-being of Illinois health care professionals of all disciplines by effectively addressing any and all physical, mental, emotional, and/or behavioral problems that may adversely affect their private or professional lives.

The following are services provided by IPHP:

- Screening and referral to resources who have expertise in the area being addressed and who are familiar with the specialized needs of licensed health care professionals are provided.
- Consultation and guidance are offered to people concerned about the health and functioning of a health care professional residing or practicing in Illinois.
- Support and monitoring of professionals are offered so that they may be able to sustain meaningful life changes for the sake of their health and to maintain the trust and confidence of those whom they serve.
- Advocacy is provided with various regulatory and administrative agencies and is earned through documentation of compliance with recommended treatment and/or behavioral plans.

It is important to note that communication with IPHP is kept strictly confidential. IPHP complies with federal law Title 42 Code of Federal Regulations Part 2, 42 United States Code §290dd-2, which protects confidentiality. Information may only be released with the written consent of the participant. IPHP has no disciplinary authority and its activities are strictly limited to providing assistance and advocacy.

For more information about IPHP, please contact Terry Lavery at 701 Lee Street, Suite 125, Des Plaines, IL 60016-4545 or 847/892-7907. More information is also available at *www.illinoisphp.com* and *www.fsphp.org*.

24-Hour Help Line: 1-800/215-HELP (4357)

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